



Understanding Self Help Mutual Aid

Thomasina Borkman



Understanding Self Help Mutual Aid:

Understanding Self-help/mutual Aid Thomasina Borkman,1999 Self help groups have encountered fierce criticism as places where individuals join to share personal problems and to engage in therapeutic intervention without the aid of skilled professionals These groups have flourished since the 1970s and continue to serve more people than professional therapy Yet these groups have been criticized as fostering a culture of whiners and victims and not using professional help as needed Thomasina Jo Borkman debunks this commonly held assessment and also examines the reasons for these groups enduring popularity since the 1960s more people attend these meetings word than see professional therapists What accounts for their success and popularity *Understanding Self Help Mutual Aid Groups* is the first book to describe three stages of individual and group evolution that is part of this organization s very structure it also reconceptualizes participants interactions with professionals The group as a whole Borkman posits draws on the life experiences of its membes to foster nurturing support and transformation through a circle of sharing Groups create more positive and less stigmatizing meaning perspectives of the members problems than is available from professionals or lay folk culture

Handbook of Community Movements and Local Organizations Ram A. Cnaan,Carl Milofsky,2007-12-18 Although the way associations and the organization of local social life are intertwined is one of the oldest approaches to community study the way citizens and residents come together informally to act and solve problems has rarely been a primary focus Associations are central to important and developing areas of social theory and social action This handbook takes voluntary associations as the starting point for making sense of communities It offers a new perspective on voluntary organizations and gives an integrated yet diverse theoretical understanding of this important aspect of community life

Elgar Encyclopedia of Nonprofit Management, Leadership and Governance Kevin P. Kearns,Wenjiun Wang,2023-12-11 The Elgar Encyclopedia of Nonprofit Management Leadership and Governance is the ultimate reference guide for those interested in the rapidly growing nonprofit sector Each insightful entry includes a definition of the concept practical applications in nonprofit organizations and discussion of current issues and future directions

Defining the Mental Health Self-help Community Eric Reeves Hardiman,2001

The Self-help Revolution Alan Gartner, Frank Riessman,1984 Abstract Eighteen authoritative essays prepared by experts in their respective fields of study for professional educators and community psychologists emphasizes the development of community psychology groups methods theories and principles stemming from actual community research and practice The essays are grouped among 3 principle themes specific self help mutual aid community groups reflecting various mental health needs including women gays drug abusers abusing parents the overweight the physically disabled and those who care for the aged the role of professionals in self help programs and evaluations and assessments of self help programs and evaluations and assessments of self help group needs A closing essay discusses self help groups from an international perspective wz

Encyclopedia of Mental Health ,2015-08-26 *Encyclopedia of Mental Health Second Edition Four Volume Set* tackles the

subject of mental health arguably one of the biggest issues facing modern society The book presents a comprehensive overview of the many genetic neurological social and psychological factors that affect mental health also describing the impact of mental health on the individual and society and illustrating the factors that aid positive mental health The book contains 245 peer reviewed articles written by more than 250 expert authors and provides essential material on assessment theories of personality specific disorders therapies forensic issues ethics and cross cultural and sociological aspects Both professionals and libraries will find this timely work indispensable Provides fully up to date descriptions of the neurological social genetic and psychological factors that affect the individual and society Contains more than 240 articles written by domain experts in the field Written in an accessible style using terms that an educated layperson can understand Of interest to public as well as research libraries with coverage of many important topics including marital health divorce couples therapy fathers child custody day care and day care providers extended families and family therapy

Self-Help/Mutual Aid Groups and Peer Support Thomasina Borkman,2021-01-04 Thomasina Borkman reviews English language social science research on North American self help mutual aid groups SHGs and organizations and some from industrialized countries SHGs known by many names are voluntary member run groups of peers who share a common issue utilize lived experience and practice mutual aid Borkman s autoethnographic approach highlights her international SHG participation Despite initial common values and practices in the 1960s and on Alcoholics Anonymous the mental health SHGs and other SHGs evolved in the US as three separate social movements that became institutionalized by 2000 their history characteristics achievements and supportive infrastructure are summarized British contributors Munn Giddings and Boyce show in European countries how socio political contexts shape self help mutual aid Research has shifted from SHGs to peer support since 2000

Self-Help and Mutual Aid Groups Francine Lavoie,Benjamin Gidron,2014-01-09 Here is new information on the development of international and intercultural research on self help groups This book reflects the many developments which have occurred in the field over the past decade emphasizing empirical research Self Help and Mutual Aid Groups provides specific research findings and honed concepts to help health professionals learn more about self help groups and work effectively with such groups More countries and ethnic groups are now involved in the self help movement and this volume increases knowledge of how different cultures react to and participate in self help mutual aid and how self help groups can be adapted to fit different racial or ethnic populations Self Help and Mutual Aid Groups explores the definition of self help the centrality of culture as a major factor explaining variability in self help the development of appropriate methodological tools and the role and involvement of professionals It brings together different traditions of research for the study of cross and intercultural and inter and intraorganizational aspects of self help groups Contributors who represent various disciplines including psychology sociology social work and nursing discuss a paradigm for research in self help the development of self help groups in Japan Hong Kong and the former East Germany the participation of blacks in

Alcoholics Anonymous the participation of Mexican Americans in groups for parents of the mentally ill relationships between self help groups and health professionals predictors of burnout in self help group leaders characteristics of effective groups ways individuals change their world view through self help participation Self Help and Mutual Aid Groups is an informative and helpful resource for self help researchers and teachers students and professionals who want to be more effective in their work with self help groups across cultural and national lines

Self-help Groups for Coping with Crisis Morton A. Lieberman, Leonard D. Borman, 1979 *Subject Guide to Books in Print*, 1991 **International Journal of Ethics**, 1892

Understanding Support Networks and Community Care G. Clare Wenger, 1994 Reports on development work with community care teams introducing the use of network variation as a practice tool This text deals with some of the difficulties of changing practice as well as the applications of network variation in the design and packaging of interventions

Sociological Abstracts, 1978 **Social Policy**, 1996 **Disability Studies Quarterly**, 1994 Helping Networks and Human Services Charles Froland, 1981-08 How can human service agencies make use of the ordinary people relatives friends neighbours pastors who help each other Do human service agencies have anything to offer them considering they do a good job on their own The authors present a thorough examination of the problems benefits history goals and potentials of such collaboration The breadth of experience of working with informal helpers that is presented in this book and the categories and strategies that are discussed will be an invaluable complement to discussion about similar work in this country It is a challenging book especially to professionals and agencies *British Journal of Social Work* 1982 this work is a valuable *IDRC.*, 1983 **Report by Her Majesty's Government to the General Assembly of the United Nations on Tanganyika Under United Kingdom Administration** Great Britain. Colonial Office, 1960 **Tanganyika Under United Kingdom Administration** Great Britain. Colonial Office, 1961 *Black/Chicano Elderly*, 1980

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