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—DR. SHEFALI

Clinical psychologist and author of the NYT bestseller *The Conscious Parent*



# THE PARENTING HANDBOOK

YOUR GUIDE TO RAISING RESILIENT CHILDREN

TANIA JOHNSON, R. PSYCH and TAMMY SCHAMUHN, R. PSYCH  
Founders of The Institute of Child Psychology

# Parenting Handbook Advanced Strategies

**M Tight**



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