

# Treatment of Bulimia Nervosa

Bulimia is often treated with outpatient counseling, nutritional intervention, medication, and/or intensive outpatient or inpatient care. Bulimia is a chronic condition, and one that will require ongoing monitoring. Even after a prolonged period of recovery, it is important to watch for signs of relapse, especially during times of high stress.



# Treating Bulimia

**Yijin Wang**



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