

SLEEP DISORDERS

Insomnia:

- Chronic
- Short term
- Other

Sleep-related movement disorders:

- Restless legs syndrome
- Sleep related rhythmic movement disorders

Central disorders of hypersomnolence:

- Narcolepsy
- Hypersomnia

Other sleep disorders

Sleep-related breathing disorders:

- OSA
- Central SAS
- Sleep related hypoventilation disorders

Circadian rhythm sleep-wake disorders:

- JET LAG

Parasomnias:

- NREM
- REM
- Other

Sleep Evolution And Disorders

AN Whitehead



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