

# What is a slipped disc?

Slipped disc is also called as disc prolapse / disc herniation. The bulging disc may press on the nerve roots coming from the spinal cord. Apart from the compression there is also some inflammation around the prolapsed part of the disc.

This inflammation may irritate the nerve root and also causes swelling, which increases pressure on the nerve.



# Slipped Discs

**Dr. Spinenu Eugenia**



## Slipped Discs:

Herniated Discs: Pathophysiology, Diagnosis, and Therapeutic Strategies Dr. Spinenu Eugenia, 2025-03-12 *Herniated Discs Pathophysiology Diagnosis and Therapeutic Strategies* is a comprehensive treatise exploring the intricacies of spinal disc herniation. Delving into the anatomy, pathophysiology, and clinical manifestations of this common musculoskeletal disorder, it provides detailed insights into diagnostic modalities such as MRI and CT scans. The treatise examines conservative and surgical treatment options, including physical therapy, medication management, and advanced surgical techniques like microdiscectomy and spinal fusion. It also explores emerging trends in regenerative medicine and personalized therapies. Written for healthcare professionals and researchers, this authoritative resource emphasizes evidence-based practices, patient-centered care, and ethical considerations in disc herniation management. With a focus on interdisciplinary collaboration and technological advancements, it aims to optimize clinical outcomes and enhance quality of life for individuals affected by herniated discs.

*Ferri's Netter Patient Advisor* Fred F. Ferri, 2016-01-28 Bring the clear and didactic art of Netter to your patients. Make patient engagement and compliance as easy as possible with the new edition of Ferri's Netter's Patient Advisor. These 2-sided pages pair clear explanations by renowned author Dr. Fred Ferri with thousands of Netter and Netter style illustrations for a greater understanding of each health condition and what patients can do to facilitate their own care. Highly visual and succinct handouts were designed to offer patients the information they need to know in a quick, memorable format. Browse the text by specialty or alphabetically. Handouts are designed in a single-page front-back format for convenience. Use as a tool to enhance communication between the Health Care Provider team and the patient. Easily search via keyword, including synonyms or ICD10/ICD9 code sets, and add notes and contact information to individualize the handouts. Use as a tool to enhance communication between the Health Care Provider team and the patient.

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*Backache and the Slipped Disc* Donald F. Featherstone, 1964      **The Slipped Disc** James Henry Cyriax, 1980

*Medical Tests You Can Do Yourself* Herbert Haessler, 1998 This book offers detailed analyses of each of the systems in the human body and shows how to perform safe, simple, noninvasive tests to help determine whether or not a body is functioning properly. 50 line drawings.

**Ferri's Clinical Advisor 2015 E-Book** Fred F. Ferri, 2014-07-26 *Ferri's Clinical*

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*The Complete Home Healer* Angela Smyth,1994 For each ailment the author includes appropriate gentle treatments such as acupressure acupuncture Alexander technique applied kinesiology aromatherapy Bach flower remedies Bates method biochemic tissue salts biofeedback Chinese medicine chiropractic dietary exercise herbalism homeopathy hydrotherapy hypnotherapy massage meditation reflexology relaxation techniques visualization and yoga *Introduction to Chiropractic* Louis Sportelli,1981 **Illustrated Weekly of Pakistan** ,1967 Arborescence ,1995 *Rheumatism Review* ,1946

The book delves into Slipped Discs. Slipped Discs is a vital topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Slipped Discs, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Slipped Discs
- Chapter 2: Essential Elements of Slipped Discs
- Chapter 3: Slipped Discs in Everyday Life
- Chapter 4: Slipped Discs in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, this book will provide an overview of Slipped Discs. This chapter will explore what Slipped Discs is, why Slipped Discs is vital, and how to effectively learn about Slipped Discs.

3. In chapter 2, the author will delve into the foundational concepts of Slipped Discs. The second chapter will elucidate the essential principles that need to be understood to grasp Slipped Discs in its entirety.

4. In chapter 3, this book will examine the practical applications of Slipped Discs in daily life. This chapter will showcase real-world examples of how Slipped Discs can be effectively utilized in everyday scenarios.

5. In chapter 4, this book will scrutinize the relevance of Slipped Discs in specific contexts. This chapter will explore how Slipped Discs is applied in specialized fields, such as education, business, and technology.

6. In chapter 5, the author will draw a conclusion about Slipped Discs. The final chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Slipped Discs.

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